



Nursing bulletin

July 2025

The aim of this current awareness bulletin is to provide a digest of recent guidelines, and best practice on Nursing

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Guidelines/Reports

[Bringing care closer to home: Improving palliative care in remote, rural and island communities](#)

Hospice UK, June 2025

This report is the first comprehensive policy report addressing the palliative care needs of adults and children in remote, rural, and island communities across the UK. Among other issues, the report shows that some district nurses are having to employ 'less qualified staff' to fill roles that require specialist palliative care skills because of recruitment challenges.

Published Research

[Authentic Leadership, Psychological Safety, Missed Nursing Care, and Intention to Leave Among Hospital Nurses](#)

International Nursing Review, Volume 72 Issue 3

The aims of this study were to examine the relationships between authentic leadership, missed nursing care, and intention to leave in hospital nurses and to investigate the mediating role of psychological safety in these relationships.

Exploring the association between safe staffing levels and nurses' health and well-being

Nursing Standard, June 2025

There is a substantial body of evidence demonstrating that low nurse staffing levels can negatively affect the health and well-being of nurses. Given the challenges with nurse retention in the UK, there is a need for strategic workforce planning to address these issues. This article explores the association between safe staffing levels and nurses' health and well-being, with a focus on burnout, job satisfaction and intention to leave.

Understanding delays and interruptions in vital signs monitoring: A qualitative study of task prioritisation in acute hospital care

Evidence-Based Nursing, July 2025

Vital signs monitoring is an important component of clinical practice in acute settings. In the UK, the NEWS2 is the system recommended for use. Using the Early Warning Scores correlates positively to reduced mortality. However, nurses juggle competing demands that affect their adherence to the recommended monitoring frequency. This study explored how nursing teams carry out vital sign observations while conceptualising which types of work deprioritise their performance of this task.

Clinical Skills/Knowledge

Advanced nursing practice: what is it and is it right for you?



Cancer Nursing Practice, 24, 4, 12-13

What does an advanced nurse practitioner (ANP) do and what is advanced-level practice? We break down the requirements and benefits of ANP roles

Breaking bad news: how to build up your confidence

Nursing Standard, 40, 7, 35-36

Breaking bad news to patients and families is a core part of the nursing role. But these conversations are complex and can be challenging, so it is essential that nursing staff are equipped with the skills required to manage such situations effectively.

Drawing blood from a cannula may be convenient, but is it safe?

Nursing Standard, July 2025, 40, 7, 14-15

Sampling blood from a peripheral cannula rather than via venepuncture may be tempting because venous access is already established, but experts warn doing so risks inaccurate results, increased infection risk and causing the cannula to fail.

[Focusing on frailty is key to reducing falls](#)

Royal College of Nursing, July 2025

Falls and frailty are linked in a cycle of harm. To prevent falls in older people living with frailty, we need to shift our focus away from a sole focus on risk avoidance and towards preventing and reversing frailty.

How to ask for help without feeling like a burden

Nursing Standard, 40, 7, 21-21

The pressure to cope no matter what can make it difficult to ask for help. Here's how to overcome your worries. Our training as nurses paves the way for coping with what lies ahead, for taking whatever a shift throws at us. And no nurse would tell you that shifts always run smoothly and without some sort of drama.

How to deliver the most effective nursing handover for deteriorating patients

Cancer Nursing Practice, 24, 4, 10-11

Inadequate handovers between nurses and healthcare professionals can contribute to failures in recognising and responding to a rapid decline in people's health. What information is required for an effective handover?

[Managing lymphoedema and lymphoedema-related complications in end-of-life care](#)

British Journal of Community Nursing, June 2025

Lymphoedema is a condition often seen in palliative patients, characterised by impaired lymphatic drainage, which leads to swelling in affected areas. In the context of end-of-life care, managing lymphoedema and its associated complications, such as lymphorrhoea and infections, is crucial for enhancing patient comfort and quality of life.

Pain assessment tools: a guide for nursing staff

Cancer Nursing Practice, 24, 4, 8-9

Pain is a subjective experience for patients – learn how to measure it using a variety of tools that assess the many aspects of pain and its effects on patients.

Principles of corticosteroid use in acute oncology nursing

Cancer Nursing Practice

Corticosteroids are widely used in cancer care and acute oncology to manage symptoms of the patient's condition and/or complications and side effects of anticancer treatment.



When used correctly they can be effective, but they are associated with a range of potential complications and side effects. This article provides a comprehensive overview of the principles guiding the use of corticosteroids in cancer care and acute oncology.

Steps to reduce risk of urosepsis and catheter-associated UTIs

Nursing Older People, 37, 3, 8-10

Up to one in four patients admitted to NHS hospitals each year requires urethral catheterisation, and such needs are not limited to the wards. This article details how proper hygiene, timely removal and appropriate patient education can reduce infection risk associated with use of urethral catheters.

The best ways to take the step up from band 5 to 6

Nursing Children and Young People. 37, 4, 10-11

Nurses start on Agenda for Change band 5 after registration. Moving up to a higher band will mean more responsibility and pay. How quickly can you progress – and what is the best way to go about it?

News/Blogs/Editorials

[Health and wellbeing conversations](#)

NHS Employers, July 2025

Guidance for line managers conducting health and wellbeing conversations with staff. A positive staff experience and comprehensive support are crucial for encouraging staff to remain in the workplace.

[NHS plan delivery must equip and empower nurses, midwives and nursing associates](#)

Nursing in Practice, July 2025

What does the 10 Year Health Plan for England mean for the nursing and midwifery workforce? Emma Westcott looks at what's needed from the perspective of the Nursing and Midwifery Council.

[Reforming Clinical Education: Where Do We Go From Here?](#)

The Florence Nightingale Foundation

FNF's recently published policy briefing 'Strengthening the Clinical Educator Workforce', has sparked a national dialogue on how to better support this essential, but often overlooked, workforce. At the Paediatric Clinical Network's annual educator's meeting, educators from around the UK convened to discuss what the briefing could tell us about how to improve clinical education to transform child health outcomes. This blog captures key reflections from that session.

[Time matters: embracing a person centred approach to discharge planning](#)

Royal College of Nursing, July 2025

Discharge planning is a crucial component of patient care that often goes unnoticed until it becomes a pressing issue. This Blog looks at embracing a person centred approach to discharge planning.

What a plan to regulate managers in the NHS could mean for you

Nursing Management, 32, 3, 9-11

Proposed regulation of NHS managers has the potential to elevate nurse leadership, but would answering to two regulators be an undue burden?



Books

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Nursing care plans : diagnosis, interventions and outcomes

By: Gulanick, Meg

Supervision, learning and assessment in clinical practice : a guide for nurses, midwives and other health professionals

By: Woodward, Sue

Empowering nurses with technology : a practical guide to nurse informatics

By: McGrow, Kathleen

Critical care manual of clinical nursing procedures (Also available as an eBook)

By: Bench, Suzanne